

## **TFESI/PT Research Study Flow Chart**

Subject contacts DenverSpine

**MD Eval**

**Consent Review / Signature**

**Initial Study Questionnaires Completed**

**Physical Therapy Evaluation**

**Randomization to PT or Injection Group**

Physical Therapy x 12 Visits      OR      Epidural Steroid Injection(s) x 1-3 Sessions  
(Each over a 6 week treatment phase)

3 week follow up with physician

**6 Week Assessment:**

Physical Therapy Eval

MD Eval

Study Questionnaires Completed

**3 Month Assessment:**

MD Eval

Study Questionnaire Completed

**6 Month Assessment:**

MD Eval

Study Questionnaire Completed

**12 Month Assessment:**

MD Eval

Study Questionnaire Completed

**Thank You**